

Patient Representative Group Meeting

Date: Thurs 14th September 2017

Present: Tim Nelson, Patricia Taylor, Sado Mohamed, Susie Uprichard, Pippa Fitzsimmons, Dr Kirsty Goddard, Alison White (minutes).

Agenda	ACTION
<p>Apologies and introductions Healthwatch Sheffield – Talk from Laura Cook AOB</p>	
<p>Apologies and introductions New Member welcomed – Sado Mohamed Laura Cook – Healthwatch Sheffield Engagement Lead for the Test Bed Programme.</p> <p>Due to low attendance a decision was made and accepted by group to discuss last meeting’s minutes and full agenda at another meeting to be arranged soon. Pippa to email out to members to confirm preferred dates.</p>	Pippa
<p>Healthwatch Sheffield - Talk from Laura Cook Test Bed Programme Overview Funded by NHS England. Seven sites with one in the Sheffield City region. The Engagement Lead for the programme is responsible for patient involvement in the programme and part of this is gathering opinions from community groups.</p> <p>Test Bed Programme itself is evaluated by the University of Sheffield. Opinions from patients (like Patient Representative Groups) are passed onto this evaluation team.</p> <p>Sheffield Teaching Hospitals (STH) are the lead organisation collaborating 30 partners.</p> <p>Private innovators provide the technology for the programme benefitting STH because the innovators are paying for this but the programme benefits them in that they can try projects on real patients.</p> <p>Aim is to decrease hospital admissions with the help of monitoring devices in patient’s homes.</p> <p>The following is a summary of the projects being undertaken in Sheffield</p> <p>Asthma Project Test Bed – <i>this is currently being piloted at Porter Brook and Student Health at SHU</i> A sensor is attached to the preventative inhaler to measure usage. This sends information to the patient’s smart phone and records information on the</p>	

project 'App'. The aim is for patient's to see how well they are taking their medication and to affect their behaviour regarding this. This is coupled with a programme of support. Data is sent to the GP surgery enabling them to give patients a 'nudge' in the right direction and facilitates a more informed conversation when the patient next comes in.

Recruitment and delivery to volunteer patients is through TEVA (pharmaceutical company) who employ specialist asthma nurses. This device is only used on adults.

The project was introduced at Student Health at SHU site over the summer, however uptake was poor. This was possibly due to some students going home for the summer.

Comments from PRG members

1:3 people do not have a smart phone and elderly people are even less likely to own one. Accessibility an issue.

Question whether an inhaler with a built-in device could be developed, therefore relinquishing the need for a smart phone. Laura confirmed later inhalers are planned for future use.

Falls Prevention Test Bed – piloted in Sheffield

Using data combined from sensors and a patient questionnaire, the likelihood of falls can be determined. If a risk of falling is indicated, a six month intervention with the Falls Prevention team may be offered.

Promotional material to be changed to emphasise the need to keep people independent and mobile.

Comments from PRG:

Promotional material and letters through the post can be intimidating for some patients. Perhaps there should be a general approach to raise more awareness through GP surgeries than sending letters.

Patients don't actually often engage with exercise at home. Evidence suggests prescribing classes like pilates can be more effective.

Falls Prevention tends focus more about adaptation in the home and not about getting out and about.

Laura to take feedback – also greater emphasis on social aspects of engaging people to get outside and see other people.

Diabetes Project Test Bed – piloted in Sheffield and the surgery

Currently in second phase. Phase I focused on insulin injecting and dangers of double dosing. Devices on insulin pens to check this.

Phase 2 is now being trialled in the hospital outpatient clinics. Patients suitable for the project are being recruited by the hospital. Data connects to the patient's smart phone and GP records to send insulin information to compare against blood glucose readings.

Comment by PRG

It was felt this was a good idea for those with relatively limited English as if units are recorded by the device it will aid conversation with diabetic nurses who can follow up patients much more thoroughly.

Clarification from Laura: Devices are to encourage self-monitoring – empowering patients to take control of own health and what info useful to them.

Digital Care Home Project – piloted in Sheffield

Vital sign monitoring for care home patients showing signs of becoming unwell. Weight, temp, BP, oxygen saturations. Care Home staff record this information onto the computer using special software. The information is sent to community health coordinators.

The aim is to reduce admissions to A&E and frailty wards by intervening earlier to avoid UTIs and chest infections developing.

Similar plan for an App to be used by carers in people's private homes. Administered through Zest Carers Group.

Comments from PRG

Concerns over whether over medicalising.

Use of electronics can be expensive. Often patients in care homes are lonely. Perhaps money should also be spent on social and psychological support

Laura's comment: Care home project designed to be unobtrusive and be part of normal every day care. Questionnaires are not part of this, however Healthwatch carry out qualitative interviews with some care home patients as appropriate. The group felt it would be interesting to see the outcome of this data.

SOS UK

App for anyone to use. A 'QR' code appears when a mobile phone screen is locked. When scanned this contains mini patient summary. Patient has control of this info. This App can also send a message to a loved one, can use GPS track you and lets that person know where you are.

PRG Comments

Concerns whether safe/secure with ownership of data. However it was recognised that it be may be helpful if there are language barriers

Test Bed information to be sent to PRG	
AOB Drink Wise Age Well Pilot Project A worker from the lottery funded project to be based at Porter Brook on a Fridays from September until January 2018. The aim of the service is to provide patients over the age of 50 with information how to age well and not use alcohol as a prop. Drinkwise Agewell can support through: <ul style="list-style-type: none">• Befriending services• Volunteering• Building resilience• Life changes• Trips – heritage walks etc.	
Next Meeting: 28th November 2017 Forthcoming meeting dates: 28th December 2017	